







# Nails

PREMIUM MANICURE 50 Min Receive a relaxing manicure that includes a hand soak, exfoliation, cuticle work, massage, warm towels, plus polish to perfection with complimentary long wear color. **Upgrade** to Gel +\$10 | Dip +\$15

PREMIUM PEDICURE 50 Min Receive a relaxing pedicure that includes a foot soak, exfoliation, heel and callous softening, cuticle work, massage, warm towels, plus polish to perfection with complimentary long wear color. **Upgrade** to Gel +\$10

**EXPRESS MANICURE** 30 Min Enjoy "on the go" pampering manicure that includes shaping, cuticle work, lotion application, quick dry color, and away you go!

**EXPRESS PEDICURE** 30 Min Enjoy "on the go" pampering pedicure that includes shaping, cuticle and heel work, lotion application, quick dry color, and away you go!

**GENTLEMAN'S MANICURE** 30 Min This sports manicure includes shaping, cuticle work, brief massage, and optional buff or clear polish. Perfect way to relax and maintain after golf, pickleball, or lifting weights!

GENTLEMAN'S PEDICURE 30 Min This sports manicure includes shaping, soak, heel and cuticle work, brief massage, and optional buff or clear polish. Perfect way to relax and maintain after golf or pickleball!

#### ADD-ONS

Gel Nail Soak Off | Polish Change | Nail Drilling | Nail Triming | French Tip

M | Member Pricing G | Guest Pricing

\$40 м | \$60 g

\$45 м | \$65 g

\$30 м | \$50 g

\$35 м | \$55 g

\$30 м | \$50 с

\$35 м | \$55 с

\$15 м | \$35 с



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Prices may vary. A 20% gratuity is suggested, and much appreciated, for our professionals.

To enhance your spa experience, we recommend arriving 15 minutes prior to your scheduled treatment in order to have time to change and relax. Please notify the spa 24 hours in advance for any cancellations or rescheduling to avoid a late cancellation fee.









Facials	M   Member Pricing G   Guest Pricing
TRILOGY® FACIAL 50 Min Tailored to your skin's needs. Indulge in the natural skin correcting properties of botanicals with this organic facial.	\$75 м   \$110 с
ANTI-AGING HYDRATION 50 Min Immediately replenish the skin with a focus on elasticity plus hydration for sun damaged and dry skin.	\$85 м   \$120 G
DEEP PORE CLEANSING 50 Min Specialized enzyme treatment for deep clean, exfoliation, and hydration	\$85 м   \$120 G
<b>BRIGHTENING</b> 50 Min Boosts collagen and elastin to reverse the effects of sun, environmental damage, and premature aging.	\$85 м   \$120 с
LYMPHATIC 50 Min Eliminate toxins, promote blood flow, improve your complexion, and encourage good health and glowing skin.	\$80 м   \$115 д
ALVEA MINI 25 Min Add to your daily or weekly routine or if you need a quick pick me up, perfectly tailored to your skin's needs!	\$40 м   \$75 д
MICRO-DERMABRASION 50 Min Notice softer and healthier skin with this rejuvenating service recommended to reduce fine lines and treat light scarring, discoloration, sun damage and stretch marks.	\$90 м   \$125 g
DERMAPLANING* 50 Min Exfoliates skin and removes dead skin, hair, and dirt. *A complimentary consultation is required before service can be completed.	\$100 m   \$135 g
NUFACE MICRO CURRENT 30 Min Micro-current technology rejuvenates your face by lifting, firming, and toning skin with instant results. Add to any facial!	\$30
LED LIGHT THERAPY 30 Min Take your skincare to the next level with this LED face mask light therapy. Add to any facial!	\$25 м   \$45 g

Massage		ng <b>G</b>   Guest Pricing vices as Applicable
SWEDISH 50   80 Min Relaxing technique utilizes long strokes and muscle kneading to relieve tension and promote flexibility.	\$75   \$95 м	\$110   \$130 @
DEEP TISSUE 50   80 Min Uses compression therapy to relieve tight muscles and trigger points, reducing chronic pain, stiff joints, and promotes full body relaxation.	\$95   \$115 м	\$130   \$150 @
AROMATHERAPY 50   80 Min A light touch massage with aromatic essential oils to assist with improvement of circulation and stress reduction.	\$80   \$100 м	\$115   \$135 @
THERAPEUTIC CBD 50   80 Min Therapeutic techniques combined with CBD oil or crème to provide additional relief for chronic pain, tension, a		\$115   \$135 @
HIMALAYAN HOT STONE 50   80 Min Smooth Himalayan salt stones are used to warm up the tissue and release tension and toxins to nelp calm the body.	\$80   \$100 M	\$115   \$135 @
MOTHERHOOD 50 Min Gentle prenatal massage to enhance circulation, mprove elasticity, and ease lower back pain and water retention. 12 weeks to a		\$75 м   \$110 с
CUPPING 50 Min Improves blood flow, muscle aches, and pains.		\$80 м \$115 с
THAI 50 Min Stretching massage to help release tight muscles and joints.		\$85 m \$120 G
BACK, NECK & SHOULDER 25 Min Focused massage with attention to these or custom areas.		\$60 м \$95 с
FOOT REFLEXOLOGY 30 Min Massages specific pressure points to receive flow of energy through the body.	establish	\$50 м  \$85 с
COUPLES Customized romantic spa day for two. Price depends on servic	es received.	

NUFACE MICRO CURRENT 30 Min Micro-current technology rejuvenates your body

by lifting, firming, and toning skin with instant results. Add to any massage!

# Hai

## HAIRCUTS & STYLING

\*Includes shampoo, blowout, and style.

Women's Cut*	\$60 м \$80 с
Men's Cut*	\$30 м \$35 g
Child's Cut	\$20 м \$25 с
Women's Shampoo, Blowout & Style	\$45+ м \$65+ с
Bangs or Neck Trim	\$20 м \$40 g
Beard Trim	\$10 м \$30 с

### COLOR

Accent Highlights	\$75+м \$95+ б
Partial Highlights	\$100+м \$120+ б
Full Highlights	\$120+ м \$140+ в
Root Color	\$65+ m \$85+ g
Full Color	\$95+ м \$115+ д

### TREATMENTS

\$40

Perm	\$100+ m \$120+ G
Keratin	\$250 м   \$270 g
Olaplex	\$50+ м \$70+ д
Deep Conditioning	\$35+ м \$55+ с

# Lashes

M | Member Pricing G | Guest Pricing

## CLASSIC

Applied one at a time to each of your lashes for a more natural, full look.

Full Set 2 Hrs	\$120 м \$155 д
Fill 60 Min	\$70 м \$105 g
Weekly 30 Min	\$45 м \$80 g

### HYBRID

30% classic lashes and 70% volume lashes for more texture and volume.

Full Set 2 Hrs	\$160 м \$195 с
Fill 60 Min	\$80 м \$115 с
Weekly 30 Min	\$50 м   \$85 с

### VOLUME

A lash fan is created from 2-6 individual false lashes and applied to one isolated natural lash for a more dramatic and mascara look.

Full Set 2 Hrs	\$205 м   \$240 с
Fill 60 Min	\$90 м \$125 с
Weekly 30 Min	\$50 m l \$85 d

# Tint & Wax

Lash or Brow Tint	\$25 м \$40 с
WAX	
Lip or Chin	\$20 м \$35 с
Brows	\$25 м \$40 g
Arms or Underarms	\$30 м \$45 g
Ha <b>l</b> f Leg	\$30 м \$45 g
Full Leg	\$60 м \$75 с

# PHYTOMER

## WELL-BEING MENU

# Massages & Scrubs [M | Member Pricing G | Guest Pricing

DETOX BACK MASSAGE 50 Min \$110 M | \$145 G

A relaxing massage of the back and scalp and/or feet, combined with detoxifying marine properties.

#### TRESOR DES

MERS MASSAGE 80 Min

\$130 m | \$165 g

Meaning Treasures of the Sea, this beauty treatment offers energizing and skin nourishing action and leaves the body relaxed and invigorated.

#### OLIGOMER SPA REPLENISHING

SCRUB & MASSAGE 80 Min

\$185 m | \$220 g

This signature treatment combines a complete exfoliation and a fully encompassing body massage for an exceptional feeling of well-being, from the tips of the toes to the top of the head.

# Body Wraps

ANTI-AGING BODY

WRAP & MASSAGE 80 Min \$185 m | \$220 G

It's a facial for the body! Firms the skin, repairs sun damage and supports with anti-aging.

## P5 SLIMMING BODY

WRAP & MASSAGE 80 Min

\$185 m | \$220 g

After following a program of four P5 Slimming Massage and Wrap treatments and applying Lotion P5 Targeted Curve Concentrate twice a day over 15 days, volunteers experienced incredible slimming results including 11% less belly fat and 8% less thigh fat.

# Hand & Foot Reflexology

COOLING 30 Min

\$75 m | \$110 g

Using Phytomer's Soothing Cryotonic Gel, this relaxing treatment will relieve and rejuvenate fatigued, chronically tired legs.

DETOX 30 Min

\$75 м | \$110 g

Using Phytomer's Thermal Sculpting Mud Wrap, this treatment will relax and detoxify. With this unique, warming sensation, one will leave feeling replenished.

# Seaside Mani & Pedi

MANICURE 50 Min

\$60 m | \$80 g

Featuring Phytomer's marine mud mask and seawater mineral bath, indulge in this therapeutic, hydrating, detoxifying, remineralizing treatment with hand reflexology, exfoliation and professional, detailed nail grooming leaving you with silky skin and beautiful, polished fingertips.

## PEDICURE 50 Min

\$70 m | \$90 g

Featuring Phytomer's marine mud mask, mineral rich seawater foot soak, moisturizing scrub, and cooling gel masque to improve circulation, reduce swelling, and soothe aches and pains. Your feet will enjoy a relaxing, bubbling, heated sensation and be massaged to revive beautiful legs leaving your cuticles groomed and nails professionally shaped and polished, ready to show off!

## Facials.

M | Member Pricing G | Guest Pricina

GENTLEMAN'S FACIAL 50 Min \$95 M | \$130 G A tailored facial treatment specifically for men.

SEASIDE SOLUTIONS 50 Min. \$95 M | \$130 G Customized specifically for you!

**ANTI-AGING &** 

BRIGHTENING 50 Min. \$120 m | \$160 g

Transforms the skin and erases all visible flaws to the complexion for a more radiant, smooth, and even skin.

HYDRATION 50 Min. \$120 m | \$160 g

Moisturizing treatment for all skin types to improve comfort, plump, and intensely quench the complexion.

FRESHNESS 50 Min. \$120 m | \$160 g

This targeted anti-pollution, oxygenating treatment assists the skin in detoxification, restoring healthy skin. It's the perfect facial before or after traveling!

SOOTHING 50 Min. \$120 m | \$160 g

A calming treatment that softens the skin and improves its defense for skin that is sensitive or subject to redness.

XMF SUPREME YOUTH 80 Min \$200 m | \$250 g Experience immediate youth results with all facial upgrades in one service!

# Facial Upgrades

## THERMAL DETOX MUD ENHANCEMENT

\$25

Increases relaxation while remineralizing, detoxifying and improving treatment results.

## DÉCOLLETÉ EXFOLIANT **ENHANCEMENT**

\$25

A localized application of serums & a plumping mask to fade hyper-pigmentation and smooth creased skin on the lower neck & chest. This delicate zone need not give away your true age!

EYE PERFECTION

RADIANCE TREATMENT 15 min. \$20

An ultra-complete, efficient and relaxing treatment for beautiful, youthful eyes.

PLUMPING LIP TREATMENT

Nourishes and plumps the lips, smoothes wrinkles and protects the lip contour.

SCALP MASSAGE WITH SUMMER MIST OIL

\$15

\$15

Enjoy a relaxing scalp massage with Phytomer's moisturizing and nourishing hair mist that repairs, protects and enhances both the skin and hair.

About Phytomer

Phytomer is a marine based company with all natural, active ingredients. Their treatments provide a holistic approach to face and body care for enhanced relaxation and total replenishment. The services highlighted above will support the natural function of the skin using 3 main elements: seawater, seaweed extracts, and coastal plants. Together, we are bringing the French coast, of Brittany, to the desert!