

MASSAGES

SAWA SIGNATURE \$160 • 50 min | \$225 • 80 min
Luxurious combination of Swedish massage with hot stones using our tranquility oil

DETOX & DESTRESS \$205 • 80 min
Detoxifying Swedish massage with purifying mineral-rich mud from the thermal waters of Montalcino in Tuscany, laminaria brown algae, and essential oils

THERAPEUTIC \$155 • 50 min | \$215 • 80 min
Customized treatment combining a variety of techniques focused on providing relief for chronic, injured, post-surgery or tense body tissue

DEEP TISSUE \$155 • 50 min | \$215 • 80 min
Firm pressure to realign deeper layers of muscles and connective tissue to release chronic patterns of tension in the body

HOT STONE \$195 • 80 min
Heated stones are used to massage the body, inducing deep relaxation and a sense of inner peace

TRANQUILITY \$135 • 50 min | \$190 • 80 min
Light to moderate, soothing Swedish massage to lull you into a state of tranquility

PRENATAL \$140 • 50 min | \$195 • 80 min
Light pressure, relaxing side-laying massage to soothe tension and sore muscles while encouraging circulation and ease swelling
Second and third trimester only

PACKAGES

20% Gratuity will be added to all package prices upon check out. No service substitutions on packages

TRANQUILITY \$335 • 3 hours • 50 min services
Remedy Soothing Facial • Tranquility Massage • Spa Pedi

INDULGE \$415 • 4 hours • 50 min services
Remedy Soothing Facial • Signature Massage
Spa Mani & Pedi

DESTRESS \$450 • 4 hours
Urban Detox Facial 80 min • Detox Destress Massage 80 min
Signature Pedi 50 min

OPULENT \$580 • 5 hours
Ultra Glow & Lift Facial 80 min • Deep Body Renewal 80 min
Hot Paraffin Wax Mani & Pedi 50 min each

SAWA SPA STORY

Sawā is the Miwok word for stone and is the key inspiration for the treatment menu at Trilogy® at The Vineyards' Sawā Spa. The ancient healing arts of the East Bay Miwok people used tinctures from local plants and herbs in concert with three core therapeutic elements — heat, water and stones — in various ways to heal and improve the quality of their lives.

Sawā Spa has indoor relaxation lounges and an outdoor serenity terrace with a private hot tub within the garden retreat where you can enjoy our beautiful view for a moment of reflection.



HOURS OF OPERATION

Monday - Sunday | 8AM - 6PM

Additional appointments available by request

GIFT CARDS AVAILABLE

CANCELLATION POLICY

We kindly ask for 48-hours' notice should you need to reschedule or cancel your appointment. Appointments canceled with less than 24 hours' notice will be charged 50% of the total services canceled. No-shows without a phone call, or those canceling within 4 hours of any appointment, will be charged a 100% cancellation charge. The charges will be applied to the credit card or gift card used to confirm your appointment. If there is no credit card or gift card on file, payment will be required prior to or on arrival of your future appointment.

Payment in advance may be required for those with a history of no shows or canceled appointments without 24-hours' advance notice.

MINOR POLICY

At Sawa Spa, we want everyone to have a safe, relaxing experience. We ask that our clients abide by the following policies:

Minors ages 14 to 17 must have a parent or guardian in the room throughout the duration of their treatment and be onsite during their stay. The client and the parent/guardian must also provide written consent before any services commence. If you wish to schedule multiple children, each child must have an adult accompanying them to receive services. Facial and massage services will require the minor to wear swim wear or alternative undergarments such as sports bra and yoga shorts, etc. throughout the duration of their treatment.



1700 Trilogy Parkway, Brentwood, CA 94513
925.809.7171 | sawaspa.com

FACIALS

PRO LIFT \$185 • 50 min | \$215 • 80 min

For any skin type with wrinkles, obvious loss of volume and/or tone

Benefits Lifts and re-densifies the skin • Nourishes • Lessens the appearance of deep wrinkles and fine lines

SACRED NATURE REGENERATIVE \$165 • 50 min | \$195 • 80 min *Organic* For all skin types including aging concerns, especially when there is sensitivity or intolerance for AHAs

Benefits Regenerative • Hydrates • Firms

URBAN DETOX \$155 • 50 min | \$185 • 80 min

Detox from pollution, target impurities, and imperfections

Benefits Luminous • Radiant • Purifies

ACTIVE PURENESS \$150 • 50 min | \$180 • 80 min

For impure, oily, scarred, and acne-prone skin

Benefits Deep Cleansing • Purifies • Mattifies

REMEDY SOOTHING \$150 • 50 min | \$180 • 80 min

All purpose facial for stressed, dehydrated, and dull skin – ideal for sensitive skin

Benefits Renews and smooths • Soothes redness and irritations • Nourishes and fortifies the skin barrier

BODY TREATMENTS

SACRED NATURE COCOON *Organic* \$205 • 80 min

Renew and regenerate skin with the power of natural and organic botanicals resulting in glowing, hydrated skin and a deep sense of wellbeing

BODY POLISH \$125 • 50 min

Full body exfoliation for dull, dehydrated skin followed by a nourishing and hydrating lotion application leaving skin soft and smooth

Benefits Hydrates • Smooths

CBD SCRUB & WRAP \$165 • 80 min

Full body scrub, wrap, and facial massage using CBD infused products

Benefits Calms • Hydrates • Smooths

AROMASOUL SCRUB \$135 • 50 min

Choose your scent for this deep exfoliating scrub and Karite butter application

Benefits Hydrates • Smooths • Nourishes

DETOX & RENEW WRAP \$215 • 80 min

An intensive detoxifying treatment with mineral-rich mud from the thermal waters of Montalcino in Tuscany, laminaria brown algae and essential oils

Benefits Detoxes • Firms • Smooths

DEEP BODY RENEWAL \$215 • 80 min

Deeply hydrating, restorative, and toning treatment

Benefits Hydrates • Regenerates • Tones

NAILS

SAWA SIGNATURE \$65 • Manicure | \$75 • Pedicure

Luxurious full-service nail treatment using Comfort Zone Body Strategist Peel Scrub, Renight mask and Tranquility Oil with hot stones – top with your favorite OPI polish

BIO-SCULPTURE \$75 • Manicure

100% vegan nourishing manicure using breathable Bio-Sculpture polish for a healthy and beautiful finish

SHELLAC \$65 • Manicure | \$75 • Pedicure

Long-lasting manicure using CND Shellac – includes cuticle clean-up, shaping, seasonal exfoliating scrub, warm wrap, and hydrating lotion

SPA \$60 • Manicure | \$65 • Pedicure

Cuticle clean-up, shaping, seasonal scrub exfoliation, warm wrap, and hydrating lotion – top with your favorite OPI polish

HOT PARAFFIN WAX \$75 • Manicure | \$85 • Pedicure

Sawa Signature manicure or pedicure followed by a Hot Paraffin wax treatment using Comfort Zone Body Strategist Peel, Recovery mask, and Recovery oil – top with your favorite OPI polish

CBD \$75 • Pedicure

Sawa Signature pedicure using CBD mineral salt soak, massage cream, and hot stones – top with your favorite OPI polish

ENHANCEMENTS

Incorporated into service – no additional time

VITAL BODY CBD

Facials • Massages

Luminous CBD Facial Oil \$20

CBD Target Relief Cream \$20

CBD Massage Cream or Oil \$15

MICRODERMABRASION \$45

Available for 80 min Facials

HOT OIL SCALP MASSAGE \$25

COMFORT ZONE

Facials

Renight Bright & Smooth Ampoule \$45

Includes 6 take home ampoule treatments

Sublime Lift & Firm Ampoule \$45

Includes 6 take home ampoule treatments

Sublime Eye Patch \$35

Hand & Foot Treatment \$45

Available for 80 min Facials

NUFACE

Facials

Eye Lift \$30

LED \$20

COMFORT ZONE

Massages

Caffeine or Tone Shot \$30

Hand & Foot Treatment \$45

BODY POLISH \$65 *25 min*

NAIL UPGRADES

Nail Art \$15

French Tip \$15

Comfort Zone Hand \$20 or Foot \$25 Treatment

CBD Massage Cream or Oil \$15

CBD Mineral Salt Soak \$10