

## MASSAGES

**SAWA SIGNATURE** \$160 • 50 min | \$225 • 80 min

Luxurious combination of Swedish massage with hot stones using our tranquility oil

**DETOX & DESTRESS** \$205 • 80 min

Detoxifying Swedish massage with purifying mineral-rich mud from the thermal waters of Montalcino in Tuscany, laminaria brown algae, and essential oils

**THERAPEUTIC** \$155 • 50 min | \$215 • 80 min

Customized treatment combining a variety of techniques focused on providing relief for chronic, injured, post-surgery or tense body tissue

**DEEP TISSUE** \$155 • 50 min | \$215 • 80 min

Firm pressure to realign deeper layers of muscles and connective tissue to release chronic patterns of tension in the body

**HOT STONE** \$195 • 80 min

Heated stones are used to massage the body, inducing deep relaxation and a sense of inner peace

**TRANQUILITY** \$135 • 50 min | \$190 • 80 min

Light to moderate, soothing Swedish massage to lull you into a state of tranquility

**PRENATAL** \$140 • 50 min | \$195 • 80 min

Light pressure, relaxing side-lying massage to soothe tension and sore muscles while encouraging circulation and ease swelling

Second and third trimester only

## PACKAGES

*20% Gratuity will be added to all package prices upon check out. No service substitutions on packages*

**TRANQUILITY** \$335 • 3 hours • 50 min services

Remedy Soothing Facial • Tranquility Massage • Spa Pedi

**INDULGE** \$415 • 4 hours • 50 min services

Remedy Soothing Facial • Signature Massage  
Spa Mani & Pedi

**DESTRESS** \$450 • 4 hours

Urban Detox Facial 80 min • Detox Destress Massage 80 min  
Signature Pedi 50 min

**OPULENT** \$580 • 5 hours

Ultra Glow & Lift Facial 80 min • Deep Body Renewal 80 min  
Hot Paraffin Wax Mani & Pedi 50 min each

## SAWA SPA STORY

Sawā is the Miwok word for stone and is the key inspiration for the treatment menu at Trilogy® at The Vineyards' Sawā Spa. The ancient healing arts of the East Bay Miwok people used tinctures from local plants and herbs in concert with three core therapeutic elements — heat, water and stones — in various ways to heal and improve the quality of their lives.

Sawā Spa has indoor relaxation lounges and an outdoor serenity terrace with a private hot tub within the garden retreat where you can enjoy our beautiful view for a moment of reflection.



## HOURS OF OPERATION

Monday - Sunday | 8AM - 6PM

Additional appointments available by request

**GIFT CARDS AVAILABLE**

## CANCELLATION POLICY

We kindly ask for 48-hours' notice should you need to reschedule or cancel your appointment. Appointments canceled with less than 24 hours' notice will be charged 50% of the total services canceled. No-shows without a phone call, or those canceling within 4 hours of any appointment, will be charged a 100% cancellation charge. The charges will be applied to the credit card or gift card used to confirm your appointment. If there is no credit card or gift card on file, payment will be required prior to or on arrival of your future appointment.

Payment in advance may be required for those with a history of no shows or canceled appointments without 24-hours' advance notice.

## MINOR POLICY

At Sawa Spa, we want everyone to have a safe, relaxing experience. We ask that our clients abide by the following policies:

Minors ages 14 to 17 must have a parent or guardian in the room throughout the duration of their treatment and be onsite during their stay. The client and the parent/guardian must also provide written consent before any services commence. If you wish to schedule multiple children, each child must have an adult accompanying them to receive services. Facial and massage services will require the minor to wear swim wear or alternative undergarments such as sports bra and yoga shorts, etc. throughout the duration of their treatment.



1700 Trilogy Parkway, Brentwood, CA 94513  
925.809.7171 | sawaspa.com

## FACIALS

### PRO LIFT \$185 • 50 min | \$215 • 80 min

For any skin type with wrinkles, obvious loss of volume and/or tone

Benefits Lifts and re-densifies the skin • Nourishes • Lessens the appearance of deep wrinkles and fine lines

### ULTRA GLOW & LIFT \$215 • 80 min

Combats thinning, and dull skin, boosts elasticity, and brightens

Benefits Re-densifies skin • Counters skin thinning • Nourishes  
Smooths and promotes cell renewal • Hydrates • Brightens

### SACRED NATURE REGENERATIVE \$165 • 50 min | \$195 • 80 min

*Organic* For all skin types including aging concerns, especially when there is sensitivity or intolerance for AHAs

Benefits Regenerative • Hydrates • Firms

### URBAN DETOX \$155 • 50 min | \$185 • 80 min

Detox from pollution, target impurities, and imperfections

Benefits Luminous • Radiant • Purifies

### ACTIVE PURENESS \$150 • 50 min | \$180 • 80 min

For impure, oily, scarred, and acne-prone skin

Benefits Deep Cleansing • Purifies • Mattifies

### REMEDY SOOTHING \$150 • 50 min | \$180 • 80 min

All purpose facial for stressed, dehydrated, and dull skin – ideal for sensitive skin

Benefits Renews and smooths • Soothes redness and irritations  
Nourishes and fortifies the skin barrier

## BODY TREATMENTS

### SACRED NATURE COCOON *Organic* \$205 • 80 min

Renew and regenerate skin with the power of natural and organic botanicals resulting in glowing, hydrated skin and a deep sense of wellbeing

### BODY POLISH \$125 • 50 min

Full body exfoliation for dull, dehydrated skin followed by a nourishing and hydrating lotion application leaving skin soft and smooth

Benefits Hydrates • Smooths

### CBD SCRUB & WRAP \$165 • 80 min

Full body scrub, wrap, and facial massage using CBD infused products

Benefits Calms • Hydrates • Smooths

### AROMASOUL SCRUB \$135 • 50 min

Choose your scent for this deep exfoliating scrub and Karite butter application

Benefits Hydrates • Smooths • Nourishes

### DETOX & RENEW WRAP \$215 • 80 min

An intensive detoxifying treatment with mineral-rich mud from the thermal waters of Montalcino in Tuscany, laminaria brown algae and essential oils

Benefits Detoxes • Firms • Smooths

### DEEP BODY RENEWAL \$215 • 80 min

Deeply hydrating, restorative, and toning treatment

Benefits Hydrates • Regenerates • Tones

## NAILS

### SAWA SIGNATURE \$65 • Manicure | \$75 • Pedicure

Luxurious full-service nail treatment using Comfort Zone Body Strategist Peel Scrub, Renight mask and Tranquility Oil with hot stones – top with your favorite OPI polish

### BIO-SCULPTURE \$75 • Manicure

100% vegan nourishing manicure using breathable Bio-Sculpture polish for a healthy and beautiful finish

### SHELLAC \$65 • Manicure | \$75 • Pedicure

Long-lasting manicure using CND Shellac – includes cuticle clean-up, shaping, seasonal exfoliating scrub, warm wrap, and hydrating lotion

### SPA \$60 • Manicure | \$65 • Pedicure

Cuticle clean-up, shaping, seasonal scrub exfoliation, warm wrap, and hydrating lotion – top with your favorite OPI polish

### HOT PARAFFIN WAX \$75 • Manicure | \$85 • Pedicure

Sawa Signature manicure or pedicure followed by a Hot Paraffin wax treatment using Comfort Zone Body Strategist Peel, Recovery mask, and Recovery oil – top with your favorite OPI polish

### CBD \$75 • Pedicure

Sawa Signature pedicure using CBD mineral salt soak, massage cream, and hot stones – top with your favorite OPI polish

## ENHANCEMENTS

*Incorporated into service – no additional time*

### VITAL BODY CBD

*Facials • Massages*

Luminous CBD Facial Oil \$20

CBD Target Relief Cream \$20

CBD Massage Cream or Oil \$15

### MICRODERMABRASION \$45

*Available for 80 min Facials*

### HOT OIL SCALP MASSAGE \$25

### COMFORT ZONE

*Facials*

Renight Bright & Smooth Ampoule \$45

*Includes 6 take home ampoule treatments*

Sublime Lift & Firm Ampoule \$45

*Includes 6 take home ampoule treatments*

Sublime Eye Patch \$35

Hand & Foot Treatment \$45

*Available for 80 min Facials*

### NUFACE

*Facials*

Eye Lift \$30

LED \$20

### COMFORT ZONE

*Massages*

Caffeine or Tone Shot \$30

Hand & Foot Treatment \$45

### BODY POLISH \$65 *25 min*

### NAIL UPGRADES

Nail Art \$15

French Tip \$15

Comfort Zone Hand \$20 or Foot \$25  
Treatment

CBD Massage Cream or Oil \$15

CBD Mineral Salt Soak \$10