

FACIALS

SAWA SIGNATURE

From sun damage to wrinkles to redness and anything in between, allow our highly trained estheticians to customize exclusive products and signature techniques to address your skin's unique, individual needs. (50-80 min)

REPLENISH

This essential hydrating facial will restore moisture at the cellular level. An enzyme exfoliation and antioxidant rich treatment mask will give relief to even the driest skin types. (50 min)

AGELESS

This classic and popular Epicuren facial is known as the "nonsurgical face lift." The layering of Epicuren's signature masks encourage detoxification, increases cell metabolism and improves skin clarity, elasticity and overall health. Immediately following, your skin will appear hydrated, brighter and firmer. (80 min)

CLARITY

This effective facial is excellent for breakout-prone skin or for those battling adult or teen acne. This treatment includes deep cleansing, steam, exfoliation, detailed extractions, mask and hydration to help lower the occurrence of breakouts and reveal clearer, healthier skin. (80 min)

GEMSTONE

A truly indulgent skin treatment using Tourmaline, Topaz, Lepidolites, and over 45 other micronized gemstones in combination with Bentonite Clay to create a highly energizing, deeply hydrating, tightening, and detoxifying effect on all skin types. Paired with a relaxing facial massage with hot stones, your skin will be left glowing for days after. (80 min)

SWEPT AWAY

This crystal-free microdermabrasion will "sweep away" dead skin cells allowing an enzyme mask to penetrate deeply into the skin. The deep exfoliation and increased blood flow to the skin's surface encourages collagen formation, in turn, firming and toning the epidermis. (50-80 min)

GENTLEMAN'S

A refreshing facial for gentlemen of all skin types. This facial includes a deep cleanse with plenty of hot towels, aromatherapy, exfoliation, extractions, hydration and massage. (50 min)

FACIAL ENHANCEMENTS

Renew Peel
Eye/Lip Treatment
Anti-Aging Hand Treatment

MASSAGE

SAWA SIGNATURE

Sawā Spa's signature massage is the ultimate in luxury and relaxation. The massage combines Swedish style sequences, hot stones, and aromatherapy to ease stress, soothe the mind, and relax the body. (50-80 min)

RELAXATION

This classic form of therapy uses Swedish techniques of light to moderate pressure, and long soothing strokes. (50-80 min)

DEEP TISSUE

This massage encourages relaxation of chronic muscle tension using deep pressure and compression to release tight, sore and over worked muscles. (50-80 min)

SPORTS RECOVERY

Reduces muscle tension, improves flexibility and increases circulation and lymph flow. Sports therapy is great for pre- and post-athletic events as well as maintenance. (50 min)

HOT STONE

An ancient Native American healing art utilizing heated basalt stones to massage the body. Muscle tension dissolves as the warm stones penetrate the body for an incredibly relaxing experience. (80 min)

CRANIO SACRAL THERAPY

This gentle non-invasive hands-on therapy of evaluating the bones of the head, spinal column, and sacrum eases the restrictions of nerve passages, reduce pain. (50 min)

PRENATAL

Pregnancy massage aides in the relief of back pain, leg cramps, headaches and tension during pregnancy. It can help encourage blood and lymph circulation and eases swelling. 2nd & 3rd trimester only (50-80 min)

REIKI

Reiki brings a sense of quiet, inner stillness and peace. It can be used to treat conditions such as TMJ, muscle pain, tension, stress, and many other chronic conditions. (50-80 min)

LYMPHATIC

This gentle soothing form of massage helps encourage the natural removal of toxins from the body promoting fluid reduction, immune support, and increased circulation. (80 min)

THERAPEUTIC

Therapeutic massage combines a variety of techniques into a custom treatment focused on addressing specific areas of concern. (50-80 min)

MASSAGE ENHANCEMENTS

Bio-Freeze
Coconut Oil
Hot Oil Scalp Massage

TREATMENTS

BODY POLISH

A full body exfoliation will fight signs of dehydrated, aging, and uneven texture, leaving your skin irresistibly soft and smooth! (25-50 mins)

Lemongrass Mimosa

Mandarin Orange

Brown Sugar

Signature Salt

Espresso Mud

We recommend adding a 25min body polish before a massage

BODY TREATMENTS

BACK TREATMENT

Treat your back and shoulders to a luxurious skin softening treatment. This includes a complete back cleansing and exfoliation, gentle extractions, and a customized mask to clarify and re-balance skin. (50 min)

SPORTS ENTHUSIAST

This tension relieving recovery body treatment includes dry brushing to exfoliate and stimulate your lymphatic flow. Your body is wrapped in Nourishing Aloe Vera and an Herbal Liniment, and to finish Arnica cream is massaged into the skin to soothe sore and tired muscles. (80min)

DETOXIFYING WRAP

A salt scrub will cleanse and exfoliate, preparing your skin for a powerful detoxifying volcanic clay body mask to absorb toxins and deliver nutrients to dehydrated skin. This wrap delivers essential extracts to restore and enhance the skin and body, finished with a relieving arnica cream. (80 min)

SEAWEED TREATMENT

Our ultimate detoxification treatment assisting in the reduction of the appearance of cellulite, starts with an aromatic body polish. This polish removes dead skin cells and helps the body with lymphatic drainage. You will then be wrapped in a seaweed treatment detoxifying the body from within. Our lotion application concludes this experience, leaving you feeling renewed. (80 min)

FIRMING BODY TREATMENT

This treatment begins with a dry brushing exfoliation. Your body is treated with a rich, body-slimming citrus coffee oil to purify and tone. A contouring protein mist application leaves your skin visibly firmer and softer. (50min)

BRAZILIAN PROPOLIS

This innovative treatment features Propolis, an ingredient high in antioxidants and known for promoting the health and radiance of the skin. Your body receives the hydration and nourishment it needs, while wrapped in a warm cocoon. This soothing experience is completed with a moisturizing application of warm Coconut milk. (50min)

SAWA SPA PACKAGES

CLASSIC TRIO

Relax and revitalize your mind and body with our Class Trio. This luxurious package includes a Relaxation Massage, Replenish Facial, and Sawa Signature Pedicure. (3 Hours)

SERENITY

Inhale...exhale...relax. Bask in the ancient healing arts of our namesake, Sawā. This luxurious spa package includes a Hot Stone massage and the Gemstone Facial. (3 Hours)

WELL BEING

Indulge your mind, body, & soul with our signature package to awaken your well-being. You will be pampered with our Signature Massage, Signature Facial and Signature Pedicure. (3.5 Hours)

GENTLEMAN'S

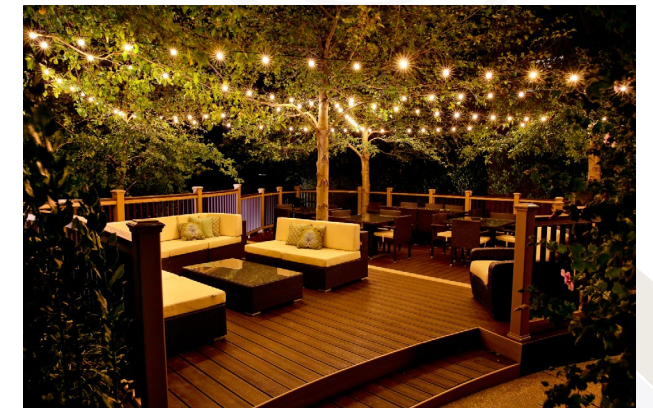
Relax at Sawā and melt your stress away, guaranteed to soften the toughest of men. Designed with only men's needs in mind, this package includes an Exfoliating Body Scrub, a Therapeutic Massage, and our Gentleman's Facial. (3 Hours)

REJUVENATE

Enjoy complete rejuvenation with an invigorating experience centered around cleansing your entire being. Revitalize with our Signature Massage, Seaweed Treatment, Ageless Facial, and Anti-Aging Hand Treatment. Spa Lunch is included. (4.5 Hours)

TRANQUILITY

Be swept away into pure tranquility with our most exclusive spa package. Let us guide you through a blissful journey of treatments including our Body Polish, Brazilian Propolis Body Wrap, Signature Massage, Hot Oil Scalp Treatment, Gem Stone Facial, Anti-Aging Hand Treatment and Chai Detox Pedicure. Spa Lunch is included. (6 Hours)



Enjoy our Serenity Terrace after your service or reserve it for a custom party, event or evening soirée under the stars. Please contact us for more information.

SAWA SPA STORY

Sawā is the Miwok word for stone and is the key inspiration for the treatment menu at Trilogy at The Vineyards' Sawā Spa.

The ancient healing arts of the East Bay Miwok people used tinctures from local plants and herbs in concert with three core therapeutic elements — heat, water and stones — in various ways to heal and improve the quality of their lives.

The Sawā Spa has indoor relaxation lounges, and an outdoor serenity terrace with a private jacuzzi within the garden retreat where you can enjoy our beautiful view for a moment of reflection.

SPA ETIQUETTE & POLICIES

Please arrive 30 minutes early. This will allow you enough time to rest in our relaxation lounge by the fireplace or in our garden with our serenity terrace & jacuzzi prior to your treatment.

We provide all spa guests with daily use of a robe, sandals and all necessary luxury amenities. A private secure locker is available to store your belongings. We suggest removal of all jewelry and cell phone prior to spa treatments.

Gratuities are at the discretion of the Member/Guest. It is customary to provide a 15%-20% gratuity for services rendered.

Gratuity of 20% is added to all packages and to groups larger than 6.

Packages cannot be combined with any other discounts or offers.

We kindly ask that appointments are canceled at least 24 hours' before check in time. For appointments canceled within 24 hours' 50% of the cost of your service will apply. No shows without a phone call or those canceling within 4 hours of any appointment will be charged a 100% cancellation charge. Thank you for your understanding.

HOURS OF OPERATION

Open 7 days a week
Sun-Weds 8am-6pm
Thurs-Sat 8am-8pm

Additional Appointments available by Request

GIFT CARDS AVAILABLE

WWW.SAWASPA.COM

925.809.7171

*Club Los Meganos
Trilogy at The Vineyards
1700 Trilogy Parkway, Brentwood, CA. 94513*

